**FOR IMMEDIATE RELEASE**

Former Teacher from Pennsylvania Writes

Inspirational Novel That Takes Place In Bend, Oregon!

*Learning to Bend*, a novel by Michelle Davis, is set for release on February 10th and will be available for purchase on Amazon and other major online book retailers.

To celebrate the book’s release, lululemon will be hosting a book launch party at its store in the Old Mill on Friday, February 21st from 5:00 p.m. – 7:00 p.m. Limited edition custom jewelry by designer Justicia Jewelry will also be on hand to commemorate the event.

**Summary**

*Learning to Bend* is the story of Jenna Moore, a young woman from Boston who is about to marry “the perfect man.” However, after discovering the reality of her fiancé’s controlling nature, Jenna makes the radical decision to leave her relationship, as well as her safe, predictable life in Boston, and move in with her best friend who lives in the adventurous mountain town of Bend.

Meanwhile, long before the sun shines on the Sisters, Jackson Tait commences his stringent 4:30 a.m. morning routine. Punishing himself with a workout that rivals those from his SEAL days, he drives himself further and further, pushing himself farther and farther, in hopes of forgetting. Yet, as he wipes the sweat from his face, his fingers caress that scar, and he knows certain memories will last forever.

Through taking risks in life, career, and love, Jenna realizes that the one thing that has been holding her back is also what she’s most afraid to let go of. It’s when she is finally able to trust in herself that she discovers her true identity and *learns to bend*.

**About the Author**

After graduating with a B.S. in Finance from Lehigh University, Michelle Davis began her career in the banking industry. However, she quickly became discontent and felt the need to “make a difference” in the lives of others, prompting her to reevaluate her career path. Michelle then began a masters’ program in Education at St. Joseph’s University. Her multi-leveled career in education has ranged from elementary schools to college classrooms to working with families as an independent college admissions consultant.

Then, after meeting author, Amy Impellizzeri, Michelle enrolled in Amy’s workshop and began writing. Through Michelle’s blog, *elevate*, she hopes to inspire her readers to shift their perspectives and welcome change as they realize their life purpose.

Today, Michelle and her husband enjoy visiting their sons in Boston and spending time in Bend, Oregon, the settings of her debut novel, *Learning to Bend*. To learn more about Michelle and how to elevate your life, visit www.michellemdavis.net.

To view the trailer and download the first chapter, visit www.learningtobend.com

For more information, please contact Michelle at michellemdavis1@me.com